# About the World Reflexology Foundation <u>http://worldreflexologyfoundation.org</u> info@worldreflexologyfoundation.org

Billions of people around the world do not have access to even rudimentary health care. Two billion are on subsistence living. Even in industrialized nations, millions have limited financial resources, to the point that all income must go to food and shelter. Consequently, billions of people do not have access to even rudimentary health care.

## There is something that can help them. That something is Reflexology.

**World Reflexology Foundation** is a 501(c)(3) nonprofit and is a group of highly trained Reflexology leaders, educators and practitioners who have been inspired by our experiences with Reflexology and want to empower all the people around the world with the healthful benefits of Reflexology by teaching them to do Self-Help and Family-Help Reflexology on themselves, on their families, communities, towns and villages.

Our mission is to make it possible for everyone in the world to receive the benefits of Reflexology by providing services and instruction in Self-Help and Family-Help Reflexology, locally and globally, working with individuals, groups, organizations and countries.

# The World Reflexology Foundation Educational Program

#### Purpose of the World Reflexology Foundation

Our goal is to make it possible for Reflexology to be taught at the grassroots level, locally, nationally and internationally to everyone on Earth who would like to use this approach to help themselves, their families, friends and communities.

## Self-Help Workshops

- 1. Teach classes about how to do Reflexology to help yourself.
- 2. Teach classes about how to teach your own people to do Self-Help Reflexology.

## **Family-Help Workshops**

- 3. Teach classes about how to do Reflexology to help your family, friends and community.
- 4. Teach classes about how to teach your own family, friends and community to do Family-Help Reflexology.

